



Course Catalog

Thrive Learning Collective, Inc.

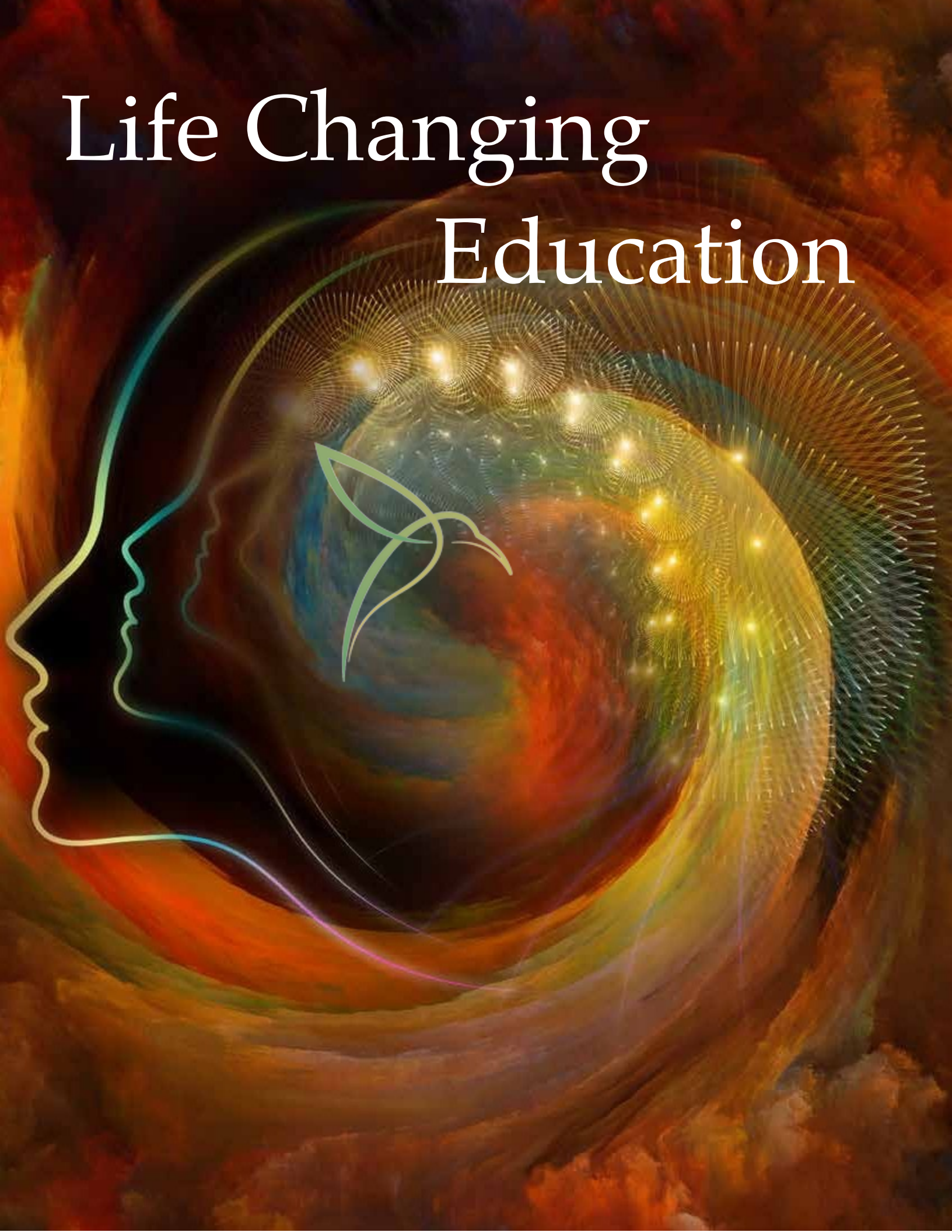
2019 Edition

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ENJOY MORE **FREEDOM** TAKE CHARGE OF YOUR PERSONAL **SECURITY** MAKE A **CONTRIBUTION** TO YOURSELF AND OTHERS **ENRICH** YOUR RELATIONSHIPS IMPROVE **HEALTH** FEEL MORE **LOVE**, PERSONAL **FULFILLMENT** AND CONNECT EVEN MORE WITH YOUR **SPIRITUAL VALUES**.

Life Changing Education





About Thrive Learning Collective

Sandra Vesterstein – Founder | Lead Instructor

BAS Community Health Education

Certified Licensed Trainer

NLP Practitioner | Master Practitioner - Society of NLP

Clinical Hypnotherapist

DreamSculpting Master

Reiki Master



Hi, I'm Sandra Vesterstein! Thrive Learning Collective is the manifestation of a lifelong dream. I have created a unique platform for a collective of healers and practitioners that supports everyone's success.

I began coaching when I owned a retail business in Minnesota. My employees were my first clients. With my guidance, they drove my company to new heights of success while I discovered that I naturally would guide people into becoming their best self. While I applied my business and entrepreneurial skills in the wholesale and telecommunications industries, I found my true passion was "Coaching."

"Sandra will surprise and amaze you. If you're looking for a coach, or seek NLP training, your search is over.

Sandra will deliver much more than just guidance and training - you're likely to experience a wonderful personal transformation you couldn't begin to imagine. Her heart-centered approach and mastery of the content make her an outstanding coach and trainer. She was, by far, the best NLP professional I've met and learned from.

I wholeheartedly recommend Sandra to anyone seeking real transformation and knowledge."

**Brad Guerreiro, CEO,
Pinnacle Performance Institute**

I took my first Life Coaching Course 20 years ago and received guidance to continue my training. This is when I pursued my Master NLP Certification. At the time, I wasn't sure exactly why I was being guided down that path, but something inside of me said, "Trust Me."

That trust led me to Bennett | Stellar University.

After I received my Master NLP | Hypnotherapy Certification, Michael Bennett, the late founder of Bennett | Stellar University, agreed to mentor me throughout those early years as a Practitioner.

From 2009 until Michael Bennett's passing in 2018, I worked as an independent trainer and as a co-trainer with Michael for Bennett | Stellar University. It was an honor to work side by side with such a gifted trainer and practitioner of NLP, Hypnotherapy, and Reiki.

Since Michael's passing, I have continued the process of growing, evolving and healing. In doing so, I created a collective of healers and practitioners that supports everyone's success called "Thrive Learning Collective."

Together, we can remap your mind for success so you can lead a fuller, more satisfying life!

MISSION STATEMENT

Thrive Learning Collective is a platform that unites Leaders, Instructors, and Practitioners with Students interested in professional and personal development programs. The focus of these programs is to transform individuals, businesses and groups to evolve spiritually, personally and professionally through Unity Consciousness.

ABOUT THE THRIVE LEARNING COLLECTIVE LOGO

While developing a logo for Thrive Learning Collective, I was becoming frustrated with each new rendition. Finally, in speaking with my son, he suggested that I incorporate an animal into the logo which really caught me by surprised because I was thinking that same thing. So, I asked myself what animal could represent Thrive and immediately the Hummingbird came to mind and here's why.

When I was a young girl, my Dad would refer to me as his little hummingbird. We shared many interests, and we both had a thirst for learning. He was a forward-thinking man that valued education and approached life with curiosity. Rather than thinking something was impossible he would approach a challenge as an opportunity to think outside the box and would ask himself, "How **can** I do this?" He taught me the meaning of resiliency.

I decided the best symbol that expresses the true message of Thrive Learning Collective would be the Hummingbird.

THE GIFTS OF HUMMINGBIRD



The sweetest nectar lies within. Hummingbirds have been known to symbolize love, good luck, the enjoyment in life and the lightness of being. In Native American cultures, hummingbirds are seen as healers. Their message for us is to develop our adaptability and resilience all while keeping an optimistic outlook on life.



THE HUMMINGBIRD REPRESENTS:

1. Grace
2. Resiliency
3. Connection
4. Being present
5. Adaptability
6. Lightness and Joy
7. Responsiveness
8. Playfulness
9. And to remember the sweetest nectar does comes from within!

“THE STORY OF HUMMINGBIRD”

In a vast forest that was being consumed by fire, all the animals became overwhelmed and frozen in fear as they watched the forest burn. They felt powerless against the raging fire . . . all but Hummingbird. Hummingbird saw this problem from a different perspective. Instead of seeing all of the impossibilities it wondered what it could do to make a difference.

Small little Hummingbird decided to take action, and it flew back and forth to the river filling its beak up with water and sprinkling the droplets over the fire. The other animals laughed at Hummingbird as if shaming him for wanting to make a difference. Even the larger animals such as the elephants questioned Hummingbird’s effort, after all, they were more capable of delivering water that could save the forest, and yet they stood by, watched, and did nothing but ridicule Hummingbird's efforts. Their judgement didn’t matter to Hummingbird because he told them he was doing the best that he could.

Without missing a beat, Hummingbird continued to take action. Even though Hummingbird felt somewhat insignificant, he knew he had to take action, no matter how small, than to passively watch the forest be destroyed. For Hummingbird, doing something was better than doing nothing.

Are you doing your best? Remember, small actions lead to big change. ***Be the change you want to see in the world.***



“One small step for man, one giant leap for mankind.”



Who Benefits From TLC's Training?



Mental Health Professionals learn new skills and applications that supplement their own techniques and gain additional insights into helping clients make the changes that support their own healing process.

Spiritual Healers incorporate NLP communication skills and therapeutic interventions of NLP, hypnosis, TimeLine Coaching® and Reiki into their practice to enhance their effectiveness.

Medical Professionals learn complementary healing techniques that improve their patient's recovery rates. They also learn how to elicit quality information from their patients to help them become more comfortable and receptive to treatment.

Body Workers such as Massage Therapists, Chiropractors, Reflexologists, and Physiotherapists learn effective verbal and psychological skills that will reinforce healing and relaxation. They communicate with confidence and begin to facilitate powerful healing by understanding the psychosomatic relationship between their client's state of mental well-being and physical health.

Teachers and Parents gain new insights into the learning process and learn effective teaching strategies plus powerful motivational tools that consistently lead to success.



Who Benefits From TLC's Training?

Artists, including Singers, Musicians, Writers, and Actors overcome inner blocks and enhance creativity. Learn specific skills that will help you promote yourself and your work as a professional. They will learn how to connect to their unlimited inner resources and accelerate their abilities to express, create, and perform.

Athletes who want to achieve high performance goals will gain insights and techniques to increase their ability to connect & influence with their peak performance state.

Individuals Seeking Personal Growth and Self-Healing can find answers and receive strength through understanding the mind/body connection and learning techniques that help transform the root cause of the problem.

Through this learning, they can bring conscious awareness and healing to what is holding them back into their unconscious programs.

Study With One of the World's Best Trainers Founder and Lead Instructor, Sandra Vesterstein, has taught and practiced NLP, Life Coaching and Hypnotherapy for over 20 years, and is truly one of the best. When the sponsors of the NLP MindFest researched to find the world's best trainers to speak at their highly-attended event, one of those chosen few was *Sandra Vesterstein*.

"Sandra is AWESOME! She will assist you in becoming the best version of yourself! Sandra will make it easy for you to step into your power and not let past circumstances, beliefs or other people's bad decisions keep hold of you. She is by far one of the best coaches I've ever worked with! She will raise your limits beyond what you think is possible! Thank you, Sandra, you are a gift to every woman that encounters your greatness. You Rock!"

Tamara Bunte



Ready to Take Your Practice to the Next Level?

Are you ready to take your Life Coaching Business and Hypnotherapy practice to the next level? And are you ready to differentiate yourself from others through a heart-centered approach to life and business coaching?

Top coaches are continuously looking for ways to distinguish themselves in a changing industry. Through Thrive Learning Collective's professional development programs, they are finding ways to use the speed of change to their advantage and offer more value to their clients.

Thrive Learning Collective certification programs are designed to produce the most knowledgeable, skilled and competent coaches and hypnotherapists. When you learn the language of the mind (words) and language of the body (feelings/emotions), you can quickly and easily guide your clients to levels of change beyond their own expectations.

There is a universal call for those in the healing arts to make the commitment to find more effective ways to guide their clients to success. Due to the unique design of our courses, the side effect or bonus, you experience will be massive amounts of personal transformation throughout the process.

Our Coaching and Hypnosis programs provide a heartfelt, supportive, and fun learning environment. Courses are structured in a way to provide you with practical tools in an interactive, hands-on, entertaining format using accelerated learning techniques.

Our Thrive Learning Collective Programs include Neuro-Linguistic Programming, the foundation for long-term changes in any field or industry, Life Coaching, Life Transformation Coaching, Hypnotherapist, Master Neuro-Linguistic Life Coach | Hypnotherapist.

Are you ready to differentiate yourself from others through a heart-centered approach to life and business coaching? Then visit our website at www.thrivelearningcollective.com to register for an upcoming training.

Keep reading for more information about our course offerings.

Need a little guidance to decide on the best programs to support your dreams? Contact Admissions Coach, Anna Mancini at (607) 345-1400.

A Model of an Andean Shaman: Americo Yabar
"Everyone has a mission in life—everyone—the hummingbird, the stone, you, me. It is just a matter of development. And there is work that we have to do during this time of great transformation. The scope of our mission has to be planetary; it shouldn't just be on the street corner, because it is the whole planet that is moving."



Professional Development Training

Aligning Your Goals with Your Values



Component Courses
 Included In
**Licensed NLP Practitioner /
 Neuro-Linguistic Life Coach**
 and
**Master NLP Practitioner |
 Life Transformation Coach |
 Clinical Hypnotherapist**

	Program #2000	Program #3000
Component Courses	Licensed NLP Practitioner Neuro-Linguistic Life Coach	Master NLP Practitioner Life Transformation Coach Clinical Hypnotherapist
NLP Model of Communication	✓	✓
Verbal and Non-Verbal Communication	✓	✓
Building Connection Through Rapport	✓	✓
Emotional States and Behavioral Management	✓	✓
Information Gathering & Values Elicitation	✓	✓
Meta Programs	✓	✓
Meta Model & Modeling Success Strategies	✓	✓
Integrative Health & Healing	✓	✓
Ericksonian Hypnotic Language Patterns		✓
Success Strategies & Installing & Nesting		✓
Storytelling and Metaphors		✓
Languaging Patterns & Sleight of Mouth		✓
Emotional States & Belief Change Process		✓
Health and Healing		✓
Reiki I & II		✓
Master of Reiki		✓
DreamSculpting®		✓



Certificates Awarded

	Program #2000	Program #3000
Certificates Awarded	Licensed NLP Practitioner Neuro-Linguistic Life Coach	Master NLP Practitioner Life Transformation Coach Clinical Hypnotherapist
Neuro-Linguistic Life Coach	✓	✓
NLP Life & Communication Specialist	✓	✓
TimeLine Coach	✓	✓
Trauma Release Specialist	✓	✓
DreamSculpting® Certification	✓	✓
Clinical Hypnotherapist		✓
Ericksonian Hypnosis Certification		✓
Reiki I & II		✓
Reiki Master		✓

"Sandra will surprise and amaze you. If you're looking for a coach, or seek NLP training, your search is over. Sandra will deliver much more than just guidance and training - you're likely to experience a wonderful personal transformation you couldn't begin to imagine. Her heart-centered approach and mastery of the content make her an outstanding coach and trainer. She was, by far, the best NLP professional I've met and learned from. I wholeheartedly recommend Sandra to anyone seeking real transformation and knowledge."

Brad Guerreiro, CEO, Pinnacle Performance Institute



Licensed NLP Practitioner | Neuro-Linguistic Life Coach

The Operating Manual for the Human Brain

Program #2000

**8 Day On-site Program - 80 Class Hours - 200 Hours Optional Postgraduate
Study and Business-Building Support**

~This Program is Pre-requisite to Program #3000~

What is the secret behind super coaches like Anthony Robbins and the others?

The answer is they are all practitioners of NLP.

Due to its simplicity and effectiveness, NLP has been used effectively by Fortune 100 companies, therapists, consultants, teachers, and health professionals. NLP has helped millions of individuals all over the world overcome fears, increase confidence, enrich relationships, improve learning, and achieve greater success.

“In short, NLP is about how to run our brain in a productive way to consistently achieve the results we want.”

In our ***NLP Practitioner | Neuro-Linguistic Life Coach*** program, you learn the operating manual of the human mind – an extremely effective and indispensable ability for anyone in health-care, coaching or business.

An NLP Practitioner is the most effective coach for life or business; AND the most effective life coaches are NLP Practitioners.

What is Neuro-Linguistic Programming?

Neuro-Linguistic Programming (NLP) is an approach to communication created by Richard Bandler and John Grinder in the 1970s.

Bandler and Grinder discovered that there is a connection between neurological processes (neuro-), language (linguistic) and behavioral patterns learned through experience (programming), and that these can be changed to achieve specific goals in life.

Bandler and Grinder also found that NLP methodology can "model" the skills of exceptional people, allowing anyone to acquire those skills.



Often in a single session, NLP can treat symptoms of such issues as phobias, depression, tic disorders, psychosomatic illnesses, near-sightedness, allergy, common cold, and learning disorders.

Once a person's neurological patterns or strategies are unveiled, they can be easily and successfully adjusted to produce amazing results. What a person was formerly mediocre or awful at performing, can now be performed excellently – and the gifted and talented can be modeled and replicated.

This is why Neuro-Linguistic Programming or NLP has become so popular among those who desire to achieve their life aspirations. It also explains why NLP is the foundation of today's most effective and prominent self-help authors, motivational speakers, and coaches of human potential.

Discover how you can significantly increase your client base, be more successful, and a substantially more effective and heart-centered professional through your understanding of the human equation.

Life Coaching Is a Rewarding Career and Unlike the Average Life Coach, You Will. . .

- Learn the skill-sets of today's most prominent, authors, speakers and successful coaches – the ones that made life coaching the lucrative field it is today.

- Learn, and be professionally certified as a Life Coach and an NLP Practitioner – expanding your marketability, scope of practice and client base.
- Graduate with a step-by-step plan to ensure your success through our proprietary coaching platform – DreamSculpting®.
- Experience practical exercises and demonstrations that will build your confidence and remove any personal fears and limitations to your success.
- Have access to postgraduate master's level coaching education to master your skills – no additional cost.





With This Course, You'll Come Away With. . .

Better Communication and Understanding –

Learn how to establish deep trust and rapport with anyone – and enrich every significant relationship. The magical communication tools of “NLP” will bring to your conscious awareness what is currently unconscious, giving you the resource of choice when entering any interaction.

Discover how to understand another person’s thought processes, and learn how to use them to substantially enhance your ability to communicate more effectively.

Success Assurance Strategies –

Discover how you do what you do. Gather the information of the unconscious neurological structure that sets your limits, and the structure that will allow you to accomplish your goals or desired states. Learn mental strategies of excellence and how you can install them in yourself and others.

Personal Achievement Skills –

Reconcile the past and create your future. Conscious and unconscious beliefs, along with limiting decisions formed earlier in life, can hold you back from your present desires.

Discover how the mind maintains the concept of time, and how by using your personal timeline, you can comfortably return to your past, clear up undesired present circumstances, and design your future.



PROGRAM COMPLETION REQUIREMENTS

To successfully complete this program the student must complete eight (8) courses.

Society of NLP Approved

Qualifies for submission to the Society of NLP Licensure. Society of NLP is a world-wide organization set up for the purpose of exerting quality control over those training programs, services and materials claiming to represent the model of Neuro-Linguistic Programming™ (NLP). Having this seal indicates Society Certification and is usually advertised by Society approved centers. When you purchase NLP products and seminars, ask to see this seal. This is your guarantee of quality.

Learn What the Masters Learned – “Masters of human experience” like Peter Lowe, Zig Ziglar, Les Brown, Brian Tracy, Jimmy “Z”, and Tony Robbins offer us some clues on how to really achieve extraordinary lives. The clue was that they all seemed to be living exceptionally.

So, who trained them?

They didn’t get to be so successful by attending their own seminars. Right?

The answer is Neuro-Linguistic Programming (NLP).

Many of the “gurus” in human development are trained in the techniques of NLP. Top 100 Adventures recognized NLP as the real personal development tool. Most motivators use NLP, but they don’t teach NLP.

Thrive Learning Collective teaches NLP.



PROGRAM #2000 Component Courses

Day	Course	Course
	200	NLP LIFE & COMMUNICATION SPECIALIST
1	200A	NLP Model of Communication
2	200B	Verbal and Non-Verbal Communication
3	200C	Building Connection Through Rapport
4	200D	Emotional States and Behavioral Management
	201	GOAL SETTING AND INTERNAL CONFLICT RESOLUTION
5	201A	Information Gathering & Values Elicitation
6	201B	Meta Model & Modeling Success Strategies
7	201C	Integrative Health & Healing
8	201D	Meta Programs
9		Day Off - Reflect / Evaluate Personal Dream Plan
See Individual Course Breakdown on Pages 33-34		





Master NLP Practitioner | Life Transformation Coach | Clinical Hypnotherapist

Connecting the Conscious, Subconscious
and Higher Conscious Minds

Program #3000

**15 Day On-site Course - 185 Class Hours - Postgraduate Study and
Business-Building Support**

Get It All Together and Be the Best

Thrive Learning Collective's **Master NLP Practitioner | Life Transformation Coach | Clinical Hypnotherapist** program is designed to provide you with the knowledge to learn the skill sets of the world's best and foremost hypnotherapists:

Erickson, Elman, Bandler - including the most rare, Franz Anton Mesmer – and more.

This is a complete and thorough training in the master level of Neuro Linguistic Programming (NLP). NLP is referred to as the operating manual of the human brain. This level of NLP primarily is made up of the work of NLP developers modeling the skills of Hypnotherapy legend, Dr. Milton Erickson. Ericksonian Hypnosis is the distilled work of this highly effective practitioner of hypnosis.

In addition, our **Master NLP Practitioner | Life Transformation Coach | Clinical Hypnotherapist Program** infuses you with over 50 skill-sets to become a professionally credentialed:

- Certified Neuro-Linguistic Life Coach
- Certified Master Practitioner of NLP
- Certified Clinical Hypnotherapist
- Certified Master of Reiki

The first 8 days of this program are an intensive practice in learning the operating manual of the human mind . . . Neuro-Linguistic Programming or NLP.

This is one of the most effective and indispensable abilities for anyone in health-care, coaching or business to have in their tool box.



What is Neuro Linguistic Programming?

Neuro-Linguistic Programming (NLP) is an approach to communication created by Richard Bandler and John Grinder in the 1970s.

Bandler and Grinder discovered that there is a connection between neurological processes (neuro-), language (linguistic) and behavioral patterns learned through experience (programming), and that these can be changed to achieve specific goals in life.

Bandler and Grinder also found that NLP methodology can "model" the skills of exceptional people, allowing anyone to acquire those skills.

Often in a single session, NLP can treat symptoms of such issues as phobias, depression, tic disorders, psychosomatic illnesses, near-sightedness, allergy, common cold, and learning disorders.

Once a person's neurological patterns or strategies are unveiled, they can be easily and successfully adjusted to produce amazing results. What a person was formerly mediocre or awful at performing, can now be performed excellently – and the gifted and talented can be modeled and replicated.

This is why Neuro-Linguistic Programming or NLP has become so popular among those who desire to achieve their life aspirations. It also explains why NLP is the foundation of today's

most effective and prominent self-help authors, motivational speakers, and coaches of human potential.



Learn To Trance-Form Your Life And The Lives Of Others.

We call this set of courses our **Master NLP Practitioner | Life Transformation Coach | Clinical Hypnotherapist Program** because when you successfully complete this multi-faceted and skill-enriched professional certification training, regardless of previous education or experience, you'll be a professional who can truly transform your life and the lives of many others.

Discover how you can significantly increase your client base, be more successful, and a substantially more effective and heart-centered professional through your understanding of the human equation.



You have many options when it comes to NLP Certification and Hypnotherapy training. The question to ask yourself is, “How effective do I want to be?”

Avoid Cookie-Cutter Courses

Almost all schools that provide hypnotherapy training, with the exception of Thrive Learning Collective, rely on pre-packaged programs and/or instruct their students to rely on reading and/or reciting pre-written hypnotic scripts. This is similar to a presenter reading from his or her notes rather than speaking spontaneously from their heart.

Be a Hypnotist Without Limits

You might want to be a hypnotherapist without limits. You might want to be a professional that can tailor your communication to your client and their specific needs. In this way, you can hypnotize anyone, anywhere, and for almost anything – putting you in the class of the great and truly effective hypnotherapists you may have read or heard about.

Graduate Competent and Confident

This thorough and complete Hypnotherapy Certification program teaches you to be confident and competent when inducing anyone into the state of hypnosis and can...

- Hypnotize Quickly
- Hypnotize Effectively
- Hypnotize Non-Verbally
- Hypnotize Conversationally
- Hypnotize Energetically

Attend a Training That Includes Mesmerism

Mesmerism was the precursor to hypnosis and is named after its founder, Franz Anton Mesmer. When exposed to Mesmer’s healing energy, his patients would relax and fall into a trance or a sleepwalking-type state. Thus, hypnosis was born.

While research studies at the time showed evidence that Mesmerists, given their energetic methods, enjoyed greater success than did the hypnotists by solely using a mental approach, scientists of the time, and later, psychologists, denied this energy’s existence; this resulted in the terms Mesmerism and becoming synonymous. You will discover Reiki is an excellent means to revive the healing art of Mesmerism. In the words of the renown Jedi Masters and Knights: “May the force be with you.”

Program Completion Requirements

To successfully complete this program the student must complete eight (8) courses.

In this **Master NLP Practitioner | Life Transformation Coach | Clinical**

Hypnotherapist Program, you learn the operating manual of the human mind – an extremely effective and indispensable ability for anyone in health-care, coaching or business. An NLP Practitioner is the most effective coach for life or business.

And who you study with to learn these invaluable skills is just as important as the skills themselves you will develop. So . . . Study With One of the World's Best Trainers

Founder and Lead Instructor, Sandra Vesterstein, has taught and practiced NLP, life coaching and hypnotherapy for over 20 years, and is truly one best of the best. When the sponsors of the NLP MindFest researched to find the world's best trainers to speak at their highly-attended event, one of those chosen few was Sandra Vesterstein.

Seriously Enriching Education Disguised as Fun!

Thrive Learning Collective offers an educational experience like no other. When we say like no other, we mean learning is more than lecturing and books. Learning is greatly

enhanced when experienced, practiced, and entertained.

To add to this, our training programs are offered in a retreat format. This type of environment allows you to:

- Relax and invest time in yourself.
- Dedicate yourself to learning and personal development.
- Consolidate the subjects taught in an easily achievable amount of time.
- Learn now and profit from your learning sooner.

PROGRAM COMPLETION REQUIREMENTS

To successfully complete Program #3000 certification, the student must successfully complete NLP Practitioner certification Program #2000.





PROGRAM #3000 - Days 1 - 8 Component Courses

Day	Course	Course
	200	NLP LIFE & COMMUNICATION SPECIALIST
1	200A	NLP Model of Communication
2	200B	Verbal and Non-Verbal Communication
3	200C	Building Connection Through Rapport
4	200D	Emotional States and Behavioral Management
	201	GOAL SETTING AND INTERNAL CONFLICT RESOLUTION
5	201A	Information Gathering & Values Elicitation
6	201B	Meta Model & Modeling Success Strategies
7	201C	Integrative Health & healing
8	201D	Meta Programs
9		Day Off - Reflect / Evaluate Personal Dream Plan

PROGRAM #3000 - Days 9 - 16 Component Courses

Day	Course	Course
	300	ERICKSONIAN HYPNOSIS
10	300A	Ericksonian Hypnotic Language Patterns
11	300B	Success Strategies & Installing & Nesting
	301	MILTON MODEL
12	301A	Storytelling and Metaphors
13	301B	Languaging Patterns & Sleight of Mouth
	302	CLINICAL HYPNOTHERAPY
14	302A	Emotional States & Belief Change Process
15	302B	Health and Healing
	303	REIKI
16	303A	Reiki I & II
ONLINE	303B	Master of Reiki
ONLINE	1201	DreamSculpting®

See Individual Course Breakdown on Pages 35-37



Why NLP and Hypnotherapy Integration?



The Best NLP Practitioners are Hypnotherapists

First let's briefly look at how NLP can change any behavior or belief that you or your client may want to change.

The basic purpose of NLP is to use neurological responses in a desired manner to program certain behaviors that help people in distinct situations.

From binge eating to anger issues, anxiety to stress, depression to procrastination and every other problem that may be holding your clients back from furthering their career or becoming a better individual, can be addressed with neuro-linguistic programming.

How? I'm glad you asked!

Because when you learn NLP skills and combine them with your hypnotherapy training, you will quickly and easily discover the magic key that unlocks your clients' pathway success.

Neuro-Linguistic Programming allows us to understand the hows and whys of a client's undesired behavior; and once those are uncovered, we can use hypnosis to then install, at the subconscious level, new, positive changes, thus creating success.

The Best Hypnotherapists are NLP Practitioners

Our **Clinical Hypnotherapy** Training is filled with practical exercises that are performed with, and received from, your fellow students. Our instructors effectively demonstrate all techniques taught – hypnotizing and healing student volunteers of real issues that had formerly limited their lives.

This thorough and complete hypnosis training teaches you to be confident and competent when inducing anyone into the state of hypnosis . . .

- Effectively
- Non-Verbally
- Conversationally

Be Artful, Versatile, and Masterful

By utilizing NLP and Hypnotherapy together, you will be greatly improving your client's chances for success in their goals.

NLP is ideal to identify the strategy of words to use and Hypnotherapy puts the client in a trance-like state which allows them to access solutions within themselves to create long-lasting change. In this relaxed state, we also have access to the universal intelligence which is available to us all. In other words, we are free to see the unlimited potential to change behaviors or conditions.



Why NLP and Hypnotherapy Integration?

By learning Hypnosis with NLP you will be able to get a client to a place where they can feel free to explore greater options and better solutions and quicker, for their particular issue.

For example, a client who has been very focused on seeing their problem in a particularly un-useful way which has prevented them from changing, is now open to view their issue from different perspectives.

One of the powerful uses of hypnosis is that of indirect suggestion. These are suggestions embedded with the use of metaphors or storytelling, a style of hypnosis we teach at Thrive Learning Collective which is largely based on the brilliant works of **Dr. Milton H. Erickson**.

Just imagine the level of satisfaction you'll feel as you see your clients realize their personal and professional goals easily and effortlessly with your guidance.

You Will Be Confident and Competent

With your due diligence, upon graduating from **Program #3000**, you will be and feel competent *and* confident – a highly skilled and qualified **Master NLP Practitioner | Life Trans-formation Coach | Clinical Hypnotherapist**.

Magazines and news journals such as Business Week and The Wall Street Journal are reporting the successful use of hypnosis in everything from treating chronic pain, helping cancer patients, eliminating skin conditions to removing phobias, bad habits, anxiety, and post traumatic stress disorder. Good Housekeeping magazine highlights an article about the benefits of hypnosis and features this headline on the magazine's cover: "Hypnosis: The New Wonder Drug."

If you delay, you may miss out on gaining a competitive and lucrative foothold on one of the fastest growing fields available today.



Personal Development

To Be Your Best Self



DreamSculpting®

The Art of Making Your Dreams Come True

Program #1204

Is having a loving relationship just an elusive dream? Is it too much to ask for an occupation that satisfies your soul, or a body free of complaints? For many people, these aspirations have seemed out of reach.

Why is it that so few individuals live up to their fullest potential? What is the secret of those envied few that embody their heart's desires?

DreamSculpting® is the essential step-by-step process to manifesting your dreams. Whether in life, love, work or finances, this practical program makes it simple to understand why other processes haven't lived up to your expectations.

If you consistently find internal saboteurs in your way, discover **why** it happens and then learn **how** to turn them into your best allies.

“DreamSculpting® is the ultimate inside-out approach to transforming your life completely.”

***– Leslie Saul, Relationship & Life Coach,
Offices in NYC, FL & CA***

DreamSculpting® is fun, inspiring and is your most direct route to achieving your goals and dreams with amazing results through aligning with your Subconscious, Conscious, and Higher Conscious minds.

The process involves setting goals and developing a plan to make those goals happen in a way that creates harmony and balance in your mind and your life.

This state-of-the art coaching workshop to achieve your goals and dreams is being offered Online.

When you take this program you will master...

- Achieving your aspirations, dreams, and goals.
- Setting clear and achievable goals.
- Changing negative thinking and limiting beliefs.
- Removing self-sabotage.
- Turning fear into motivation.
- Modeling the creative talent of Walt Disney.



- Removing self-limiting negative emotions.
- Developing action plans – road-maps to success.
- Healing the past to live a better NOW and even better future.

Inspiration Behind DreamSculpting®

“Just prior to the 2008 Olympic games, I was performing a Neuro-Linguistic Life Coaching® session with a swimmer representing the country of Zimbabwe on her way to compete in the China games. Because of this, I had the opportunity to meet the USA Swim Team Coach. I had to ask him, “How did you become a USA Olympic Swim Team Coach?” His reply was that he didn’t really know. He said that it seemed like everything just fell into place for him and he just stumbled into it. He went on to explain, however, that it had always been in the “back of his mind” that he would become an Olympic Swim Coach.

It then dawned on me that this is true for those people who succeed in life, and it is even true for those who don’t. What we accomplish in our lives are the things that are stored and believed in “the back of our minds.” At that moment, DreamSculpting® was born.

When goals are installed in the deeper levels of our subconscious minds, planning becomes easy, motivation and action become natural. Achievement is simply the result of an organic journey, rather than one of struggle.”

– Michael A. Bennett, Founder of Bennett | Stellar University, Developer of DreamSculpting®

Learn the Art of Making Dreams Come True

Dream: An aspiration; goal; a term used about things that are the best you can imagine.



Sculpting: Fine Arts; to carve, model, or shape into a solid artistic structure.

DreamSculpting® is the ultimate process for integrating and aligning yourself to achieve your goals and dreams. It is said that when your conscious will is in conflict with your unconscious imagination, your imagination will always win.

Align your conscious will, unconscious mind, soul, and environment with your goals and dreams – a truly holistic and soulistic approach to the achievement of all your life goals.

Isn’t it exciting to know you can use the same creative techniques employed by The Disney® Corporation to design and architect your desires in each important area of your own life. Then install those goals deep within your subconscious mind. With your goals planted deep “in the back of your mind,” where all dreams and goals become manifested, and having written out a step-by-step road-map to achieve them, you can take control and action to achieve the dreams you once thought were out of reach.



WOMEN-N-SPIRIT

Spirited Women's Retreat



HOW A SPIRITED WOMEN'S RETREAT CAN CHANGE YOUR LIFE

"The World Is Waiting For YOU"

Are you questioning your life's story or even the chapter you are living?

Perhaps you're seeking support, understanding and answers.

Are you facing life's challenges, changes or at a crossroads?

Then our Women-N-Spirit retreat was created just for you!

Treat yourself to a weekend away from your busy life to focus fully on YOUR future and what truly matters.

You'll experience three full days of interactive, educational and inspiring group empowerment activities designed to create lasting change in your life! Together we will peel back the layers to unveil your true self . . . THE self you were born to be.

During the retreat, you will:

- Experience techniques to release self-limiting beliefs, negativity and past pain in your life so you can experience positive, healthy well-being.
- Have the opportunity to create a shift in perspective and instill purpose back in your life.
- Discover your unique gifts and put your future into action.
- Enhance your ability to reconnect with your wisdom, purpose, and intuition.
- Tap into your emotional, intellectual and spiritual capabilities and learn skills to nurture healthier relationships and build your confidence like never before.
- Experience the power of making small changes in your life that will create big results.





WOMEN-N-SPIRIT



SPIRITED WOMEN'S RETREAT

What will a Spirited Women's Retreat help you do?

- Feel more energized and inspired about your future
- Master the ability to choose your thoughts rather than excuse your behavior
- Become more effective in initiating and maintaining a connection to everyone in your life
- Increase your inner peace and contentment through healing past trauma
- Enhance your self-worth and self-esteem
- Grow and expand your capacity to love yourself and others

Our Spirited Women's Retreat gives us a place to get away – and connect!

Come spend 3 days and gain connections and lifelong tips to calm the waters of change.

It is my belief that each of us was created to deliver unique gifts to the world. However, these gifts can be hidden because of challenges we experience. Menopause. Divorce. Job Loss. No matter what the issue, when we let the pain of the past run our life, the world cannot receive our gifts. Release pain and un-resourceful behavior patterns and get a clear vision of what you want in life.

Learn how to manage your emotions so you can honor your gifts and share them with the world. Together we will break through the barriers of limiting patterns of beliefs, thoughts, feelings and behaviors that have kept you from being all that you were created to be. Come create your patterns of success so you can achieve anything!



Licensed NLP Practitioner | Neuro-Linguistic Life Coach

We offer a flexible program that can be attended partially or entirely on-site or online. To add value to your educational experience, you are allowed to re-attend for up to two years at no additional charge. Join us for an experience that will transform you personally and professionally. The on-site program can be attended in 4-day increments and includes the online video course.

LOCATION	DAYS	TUITION	EARLY REGISTRATION DISCOUNT	WINTER	SPRING	SUMMER	FALL
Sedona, AZ	8	\$5295.00	60 days \$529.00	Jan 19 - Jan 26	Mar 30 - Apr 6	Sept 14 - 21	
Deerfield Beach, FL	8	\$5295.00	30 days \$265.00				Nov 2 - 9

COMPONENTS

Master NLP Practitioner | Life Transformation Coach | Clinical Hypnotherapist⁺

LOCATION	DAYS	NLP PRACTITIONER	DREAMSCULPTING COACHING PROGRAM
Sedona, AZ	8	Jan 19 – 26 / Mar 30 – Apr 6 / Sept 14 – 21	ONLINE
Deerfield Beach, FL	8	Nov 2 – 9	ONLINE

- Early Registration Discounts applies to registrations completed 30 to 60 days prior to program start date.



Program #3000 Master NLP Practitioner | Life Transformational Coach | Master Clinical Hypnotherapist

Prerequisites: NLP Practitioner | Neuro-Linguistic Life Coach Certification |
DreamSculpting®

Program #2000 Licensed NLP Practitioner | Neuro-Linguistic Life Coach +

We offer a flexible program that can be attended partially or entirely on-site or online. To add value to your educational experience, you have the opportunity to re-attend for up to two years at no additional charge – Please reserve your seat 30 days prior to re-attending. Join us for an experience that will transform you personally and professionally. The on-site program can be attended in 4-day increments and includes the online video course.

LOCATION	DAYS	NLP PRACTITIONER	DREAMSCULPTING COACHING PROGRAM
Sedona, AZ	8	Jan 19 – 26 / Mar 30 – Apr 6 / Sept 14 – 21	ONLINE
Deerfield Beach, FL	8	Nov 2 – 9	ONLINE

LOCATION	DAYS	NLP MASTER PRACTITIONER / ERICKSONIAN HYPNOSIS	REIKI I & II MASTER
Sedona, AZ	7	Jan 28 – Feb 3 / Apr 8 – 14 / Sept 23 – 29	ONLINE
Deerfield Beach, FL	7	Nov 11 – 17	ONLINE

- + = Program includes 100 – 400 additional postgraduate education hours via videos, videoconference, tele – classes and re-attendance of program for up to two years.
- Early Registration Discount applies to registrations completed 30 to 60 days prior to program start date.

COMPONENTS

Neuro-Linguistic Hypnotherapy | Life Transformation Coach | Master NLP Practitioner

LOCATION	DAYS	TUITION	EARLY REGISTRATON DISCOUNT	WINTER	SPRING	SUMMER	FALL
Sedona, AZ	16	\$9995.00	60 days \$1000.00	Jan 19 – Feb 3	Mar 30 – Apr 14	Sept 14 – 29	
Deerfield Beach, FL	16	\$9995.00	30 days \$500.00				Nov 2 – 17



INDIVIDUAL COURSE BREAKDOWN

#2000 NLP Practitioner | Neuro-Linguistic Life Coach

#3000 NLP Master Practitioner | Master Clinical Hypnotherapy

Program #200 NLP Life & Communication Specialist

COURSE #200A NLP Model of Communication

In this course, you gain a thorough understanding of how the brain codes emotional states and replicates behavior.

You discover powerful techniques effective for eliminating fear and anxiety as well as successfully reprogramming or coding, the brain to heal our bodies to produce desired emotional and behavioral responses.

In addition, you learn specific questions to ask to elicit a client's subconscious programming.

COURSE #200B Verbal and Non-Verbal Communication

In this course, you gain a thorough understanding of human thought processes, how each of us ticks and unconsciously represents our reality.

Through skills such as eye accessing & word representation predicates, you will discover precisely how our previous experiences determine our current behaviors, thus the resulting consequences.

You learn accelerated learning skills to enhance your experience in this program as well as all others in the future. You obtain knowledge on how to access and utilize key emotional states for

effecting change in others and in your own reactions and behaviors.

COURSE #200C Building Connection Through Rapport

In this course, you uncover the secrets of the most influential, and of our world leaders, for developing rapport and connection. You learn exquisite communication skills that will consistently elicit trust and connection with clients, associates, and loved ones.

You will also learn to manage and tailor your behavior to get the most out of any reaction or situation.

You should know that studies conclude that words are but 7% of communication. Most people are unaware they need to address – or how to address – the other 93%. Just consider for a moment what it would mean to you if you did.

COURSE #200D Success Strategies & Behavioral Change

In this course, you discover highly effective ways of gathering the neurological structure of problems, or limits, and learn to determine and install the appropriate resources that will lead to desired outcomes.

You also learn and experience how to overcome guilt, enhance performance, increase motivation, and change any unwanted behavior into one of your choosing.

Program #201 Goal Setting & Internal Conflict Resolution

COURSE #201A Information Gathering & Values Elicitation

In this course, you uncover the secrets of truly effective goal setting and achievement. You learn and understand the precise conditions that are necessary and critical to consider when determining any goal or aspiration you wish to achieve.

In addition, you learn the ultimate techniques in creativity modeled from the Master of Creativity, Walt Disney – techniques, tools, and mindsets that are still in use today by the Disney® Corporation's artists, staff, and management.



INDIVIDUAL COURSE BREAKDOWN

COURSE #201B

Meta Models & Modeling Success Strategies

In this course, you will learn and experience a state-of-the-art process to create a plan of action to achieve any goal or aspiration you might have for yourself. Then, take this proprietary process into your practice to guide your clients to live the life of their dreams, a method other life and/or business coaches can only dream about.

In addition, you will learn a process to tap into the universal collective consciousness for creative support and guidance, and how to use the future to solve current challenges.

COURSE #201C

Integrative Health & Healing

Learn how our minds maintain the concept of time, and how to use these unconscious time lines to safely and comfortably travel backward and/or forward in time to clear up undesired present circumstances and create any desired future.

Learn the ultimate techniques in creativity from the master of creativity - **Walt Disney**.

COURSE #201D

Meta Programs

In this course, you acquire highly effective negotiation techniques to resolve external and internal conflict. You discover how to permanently eliminate self-sabotage by integrating and directing the sub-personalities held deep within our minds.

The effect of being-at-one within our selves, and in alignment with our aspirations, produces miraculous tangible results, enhances physical well-being, enlightens – and awakens – us to our true potential.



INDIVIDUAL COURSE BREAKDOWN

#3000 Master NLP Practitioner | Life Transformation Coach | Clinical Hypnotherapist

Pre-requisite: Program #2000 NLP Practitioner | Neuro-Linguistic Life Coach®

PROGRAM #300 ERICKSONIAN HYPNOSIS

COURSE #300A Ericksonian Hypnotic Language Patterns

In this course, we uncover for you the little-known secrets about language and its effects on behavior, elevating your skills to new heights.

You learn the power of language and gain access to the words that change mindsets.

You discover simple questions to ask that will provide you with the information you need to be able to tailor your communication to be more influential and persuasive to anyone in any situation.

Important communication skills for anyone in sales, counseling, coaching, health-care, and management.

COURSE #300B Success Strategies: Installing & Nesting

In this course, you learn the fundamentals of the legendary authority and master of the hypnotic arts, Dr. Milton Erickson.

For approximately 60 years, Erickson perfected his skills and techniques. We have distilled the instrumental keys to his success and teach them to you.

In addition, you learn the induction of the medical and dental hypnotherapist and instructor,

Dave Elman, arguably the one of the most effective, and certainly the most popular, hypnotic induction in use today. You learn rapid and instant inductions that will amaze you with their speed and effectiveness – one of them simply requires a handshake.

PROGRAM #301 MILTON MODEL

COURSE #301A Storytelling and Metaphors

In this course, we teach the art of charisma, and what you discover will place you light years ahead of other hypnotherapists and/or coaches. You learn how to wield the power of unconscious communication with a magical motivational influence and utilize persuasion to its maximum effectiveness.

You will also gain the knowledge to create impactful, dynamic metaphors and boost their healing power with the proper use of conversational hypnotic language. Imagine how useful it would be to generate just the right story to heal and/or change the minds of your clients or associates.

COURSE #301B Languaging Patterns & Sleight of Mouth

In this course, you learn and experience deep trance phenomena: ideomotor activity, arm catalepsy, and amnesia to name a few.

You also learn how to hypnotize your subjects and clients non-verbally – a method used today by the Texas State Police (Texas Rangers) to elicit testimony admissible in court.

This method is particularly effective for the clients with more active and noisy minds. In addition, you learn the art of reframing and looping.

While reframing is a true linguistic talent seemingly gifted to a chosen few, we have a logical step-by-step means to teach this gift and install this useful talent within you.

PROGRAM #302 CLINICAL HYPNOTHERAPY

COURSE #302A Emotional States & Belief Change Process

You learn techniques that will relieve allergies as well as chronic and acute pain.

Also learn Neuro- Natural™ remedies to use with catastrophic and chronic diseases such as Diabetes, Cancer, and permanent pain relief and physical limitations formed as a result of an accidental injury.

In addition, you learn how to deal with the most painful of emotions – Grief. Learn how Grief can influence the lungs and be a cause of respiratory illnesses.



INDIVIDUAL COURSE BREAKDOWN

COURSE #302B

Health & Healing

In this course, you discover emotional issues and how they affect our health.

You learn techniques that will relieve allergies as well as chronic and acute pain. Also learn Neuro-Natural™ remedies to use with catastrophic and chronic diseases such as Diabetes, Cancer, and permanent pain relief and physical limitations formed as a result of an accidental injury.

In addition, you learn how to deal with the most painful of emotions – Grief. Learn how Grief can influence the lungs and be a cause of respiratory illnesses.

COURSE #302C

Advanced Timeline & Manifestation

In this course, you learn regression and progression techniques to remove limiting fears, beliefs, and decisions formed earlier in this life, handed down from a previous generation or even from a possible past life. Knowing how to work effectively with our timeline allows us to

clear up current perceived limitations that originated in our past, then manifest our desired present to literally create our futures.

You will discover how you can use your timeline to implant goals and dreams into your future, so when you arrive

at that time in your life, your achievements are there waiting for you.

PROGRAM #303

REIKI

COURSE #303A

Reiki I & II

In this course, you learn the gentle Asian hands-on spiritual and energetic healing technique called Reiki. You will discover the many personal and professional uses of the Universal Life Force energy.

Given many names by different cultures and not directly associated with any religion, the Universal Life Force energy is the invisible building blocks of which all as been created.

You will learn to wisely use this powerful healing source to benefit self and others.

In addition, you learn the Higher-Self Integration process. Our Higher Consciousness will manifest anything we desire.

It simply has to be asked. This process uses the secrets of the ancient masters and philosophies to communicate directly with the Higher-Self.

COURSE #303B

Master of Reiki - Online Course

This course is for those whose path or life journey is leading them to be a teacher of the healing art of Reiki.

The desiring Reiki Master feels the call and has the willingness to enter into this relationship of initiator, mentor, and teacher.

The initiating Master and student must realize that this is a lifelong, committed relationship within the Usui System. Should you choose this path, you significantly open

your energetic channels to the Ki Energy.

Given many names by different cultures and not directly associated with any religion, the Universal Life Force energy is the invisible building blocks of which all as been created.

Become a master/teacher of this loving healing source.

ONLINE COURSES

COURSE #1201

DreamSculpting®

In this course, you learn to model the creative talent of Walt Disney®.

You learn to align your Subconscious, Conscious, and Higher Conscious minds so they work together to achieve amazing results.

You learn to put negative thinking and limiting beliefs to work FOR you, and how to remove internal saboteurs easily and effectively.

In addition, you learn the process of setting goals and developing a step-by-step roadmap to make any dream come true in a fun program that aligns with your own goals and values.

Take this program and learn how simple it is to heal the past so you can begin living a better NOW and even better future.



INDIVIDUAL COURSE BREAKDOWN

COURSE #1203 Women-n-Spirit

Treat yourself to a weekend away from your busy life to focus fully on YOUR future and what truly matters.

You'll experience three full days of interactive, educational and inspiring group empowerment activities designed to create lasting change in your life! Together we will peel back the layers to unveil your true self... THE self you were born to be.

During the retreat, you will:

- Experience techniques to release self-limiting beliefs, negativity and past pain in your life so you can experience positive, healthy well-being.
- Have the opportunity to create a shift in perspective and instill purpose back in your life.
- Discover your unique gifts and put your future into action.
- Enhance your ability to reconnect with your wisdom, purpose, and intuition.
- Tap into your emotional, intellectual and spiritual capabilities and learn skills to nurture healthier relationships and build your confidence like never before.
- Experience the power of making small changes in your life that will create big results.

COURSE #1204 DreamSculpting® for Personal Development

This is the essential step-by-step process to manifesting your dreams. Whether in life, love, work or finances, this practical program makes it simple to understand why other processes haven't lived up to your expectations.

If you consistently find internal saboteurs in your way, discover **why** it happens and then learn **how** to turn them into your best allies.

“DreamSculpting® is the ultimate inside-out approach to transforming your life completely.”

– Leslie Saul, Relationship & Life Coach, Offices in NYC, FL & CA

This state-of-the art coaching workshop to achieve your goals and dreams is being offered Online.

Align your conscious will, unconscious mind, soul, and environment with your goals and dreams – a truly holistic and soulistic approach to the achievement of all your life goals.

When you take this program you will master...

- Achieving your aspirations, dreams, and goals.
- Setting clear and achievable goals.
- Changing negative thinking and limiting beliefs.
- Removing self-sabotage.
- Turning fear into motivation.
- Modeling the creative talent of Walt Disney . . . and more.



**“Thrive Learning Collective is more than a school,
it is a community for the free-spirited.”**

Our graduates are more than students. They have become a network of friends and colleagues that share common dreams and goals. Education in a community environment such as ours provides you with a better heart-centered education, value and support.

The call for exceptional, uniquely qualified life coaches is steadily increasing, and we at Thrive Learning Collective are dedicated to responding to that call by exceeding the basic requirements for each field.

With Thrive Learning Collective's goal of preparing students to enter the fields of Neuro-Linguistics, Hypnotherapy, Reiki, and Life Coaching, we exceed training requirements and provide unprecedented student and alumni support, and by offering opportunities for ongoing learning.

Master's Level Life Coach Certification

Through our generous re-attendance program you can earn additional hours of training that will go toward your Master Level Certification. For continued learning, graduates are provided access to videos of previously recorded classes for 24 months after completion.

Start your multi-faceted professional practice while advancing your education even further — and at your own pace — with up to an additional 400 hours of optional postgraduate study and support.

This training is also provided to you through videos, videoconferencing, teleconferencing, and tele-classes. Just imagine achieving Master's Level Life Coaching and Hypnotherapy Certifications - and at no additional charge. There is no better offer to master your craft in this or any other professional field.

Re-attend at No Charge for 24 Months

This includes unlimited re-attendance of our NLP, Life Coaching and Hypnotherapy Program for up to two years upon completion of the program resulting in increased retention, practice, and continued learning at a deeper level.



Also, Thrive Learning Collective invests in your future through offerings of additional resources.

Post Graduation Benefits:

- ✦ Re-attendance of program for up to two years from completion date
- ✦ After two years, re-attendance is offered at a discounted rate
- ✦ Access to weekly support calls for 6 months
- ✦ After 6 months, weekly support calls are charged on annual basis
- ✦ Monthly Newsletter
- ✦ Through our Affiliate Program, you can:
 - Receive a basic practitioner listing on the Thrive Learning Collective Practitioner's site
 - Receive enhanced listing with an annual fee
 - Earn commissions on referrals of new attendees





Online

Courses

To Be Your Best Self



DreamSculpting® for Professional Certification

The Art of Making Your Dreams Come True

Program #1201

Prerequisite: Program 2000 or 3000

DreamSculpting®

Learn the Art of Making Dreams Come True

Dream: An aspiration; goal; a term used about things that are the best you can imagine.

Sculpting: Fine Arts; to carve, model, or shape into a solid artistic structure.

DreamSculpting® is an essential step-by-step platform for the life/ business coach. Is having a loving relationship just an elusive dream? Is it too much to ask for an occupation that satisfies your soul, or a body free of complaints? For many people, these aspirations have seemed out of reach.



Why is it that so few individuals live up to their fullest potential? What is the secret of those envied few that embody their heart's desires?

"DreamSculpting® is the ultimate inside-out approach to transforming your life completely."

*– Leslie Saul, Relationship & Life Coach,
Offices in NYC, FL & CA*

Wouldn't You Like to Join Them?

DreamSculpting® process with which participants achieve their goals and dreams through aligning their Subconscious, Conscious, and Higher Conscious minds to achieve amazing results. The process involves setting goals and developing a plan to make those goals happen in a way that creates harmony and balance.

This state-of-the art coaching workshop to achieve your goals and dreams is being offered Online.



When you take this program you will master...

- Achieving your aspirations, dreams, and goals.
- Removing self-sabotage.
- Turning fear into motivation.
- Modeling the creative talent of Walt Disney.
- Removing self-limiting negative emotions.
- Developing action plans – road-maps to success.
- Healing the past to live a better NOW and even better future.

DreamSculpting® is the ultimate process for integrating and aligning yourself to achieve your goals and dreams. It is said that when your conscious will is in conflict with your unconscious imagination, your imagination will always win.

Isn't it exciting to know you can use the same creative techniques employed by The Disney® Corporation to design and architect your desires in each important area of your own life. Then install those goals deep within your subconscious mind.

With your goals planted deep "in the back of your mind," where all dreams and goals become manifested, and having written out a step-by-step road-map to achieve them, you can take control and action to achieve the dreams you once thought were out of reach.

By showing you how to align your conscious will, unconscious mind, soul, and environment with your goals and dreams – you will experience a truly holistic and *soulistic* approach to the achievement of all your life goals.

Inspiration Behind DreamSculpting®

"Just prior to the 2008 Olympic games, I was performing a Neuro-Linguistic Life Coaching® session with a swimmer representing the country of Zimbabwe on her way to compete in the China games. Because of this, I had the opportunity to meet the USA Swim Team Coach. I had to ask him, "How did you become a USA Olympic Swim Team Coach?" His reply was that he didn't really know. He said that it seemed like everything just fell into place for him and he just stumbled into it. He went on to explain, however, that it had always been in the "back of his mind" that he would become an Olympic Swim Coach.

It then dawned on me that this is true for those people who succeed in life, and it is even true for those who don't. What we accomplish in our lives are the things that are stored and believed in "the back of our minds." At that moment, DreamSculpting® was born.

When goals are installed in the deeper levels of our subconscious minds, planning becomes easy, motivation and action become natural. Achievement is simply the result of an organic journey, rather than one of struggle."

– Michael A. Bennett, Founder of Bennett | Stellar University, Developer of DreamSculpting®

Reiki I, II & Reiki Master Certification

Energetic Gifts For Love and Health

Prerequisite: Program #3000



Usui Reiki (RAY-Kee) is a hands-on healing art. It is the transference of the universal life energy (Ki, or light energy) through an attuned Reiki practitioner to a person needing to regain health or well-being. Reiki brings balance to the human system, clears unhealthful emotions, and restores the natural flow of energy essential to health and healing.

A practitioner attuned to Reiki becomes a vessel through which this energy flows. The tradition of Reiki dates back to the mid-1800s, although its essence and use date much further back, most likely to the dawn of time. Reiki, as we know it today, found its start with Dr. Mikao Usui, a philosopher and businessman. He was fluent in many languages and was a religious instructor in Kyoto, Japan.

There are three levels of Reiki attunement: Reiki I, Reiki II, and Reiki Master.

Reiki I and II are levels, and Reiki Master is an instructor level. The Reiki Master is entrusted with passing on and upholding the Reiki lineage.

Reiki is a simple, natural, and safe method of spiritual healing and self-improvement that everyone can use. It has been effective in helping virtually every known illness. It also works in conjunction with all other medical or therapeutic techniques to relieve side effects and promote recovery.

A Reiki session treats the whole person—body, mind, spirit, and emotions. Just some of the many beneficial effects include relaxation, peaceful feelings, security, and well-being. Many have reported miraculous results.

Reiki is not dependent on one's intellectual capacity or spiritual development. Reiki is an amazingly simple technique anyone can learn. In fact, it is not taught as much as it is transferred to the student during a Reiki class.



What You Will Learn:

Learn regression and progression techniques to remove limiting fears, beliefs, and decisions formed earlier in life. Explore the effects that previous generations and possibly even past lives have on current circumstances. Knowing how to work effectively with our timelines allows us to clear up current perceived limitations that originated in our past, manifest our desired present, and literally create our futures.

PROGRAM COMPLETION REQUIREMENTS

To successfully complete this program, the student must complete four (4) courses either on-site, online or a combination of both.

